Soap, Diet and Exercise.

A Combination of the Three Brings the Fattest of Figures Down to Symmetrical Proportions.

"Give me a woman who is not the | fat that lies at the base of the skin's

The friend looked reproachfully over her triple chins at the panne velvet gown and remarked: "I suppose that's or, if you are going to advance St. Louis to Have a Stairless, Cornersuch advice as skipping rope, ing a carpet sweeper, or walking a day to the top of a ten-story of valuable time. Remedies for speck of dirt can rest,

is, beets, carrots, ground artices, oatmeal, green vegetables of in cream and water with meals all absolutely prohibited. One cup free with milk in it, some whole bread, one egg and an orange what he gave me for my break-alternated with fish, toast and an when I cried out for a change, when I was allowed to eat eggs to or a wee bit of roast fowl with less bread; green salad minus oil am in the dressing and a plain green vegetable, seasoned with For dinner I took clams, oysters, ithout sauce, green vegetables, iressing with sait and vinegar, a of pretty well done beef, when I do fish, and apples or oranges sert. I was allowed celery, radolives, salt fish, plenty of gluad, without butter, a little wine, a crumb of cake, not a sugar not a drop of soun and not a sugar of the carroll of the carr

nd a half or two hours after and a half or two hours after of my frugal meals I was told the my chastened stomach with hights of perfectly pure water, cold nor hot, but at a temperabout sixty-eight, and under increasing weight I was diowalk four miles a day, a mile I liked, but not a half a mile I hoped to be saved from a fat age.

Regular Exercise.

onditions looked hard, but the -two-inch waist, so after a pleading for softer terms lenial 1 went seriously into I was advised to take my in the morning, and I agreed ay, rain or shine, and in spite ous committees and tyrar

A Beautiful Reduction.

er two months of this treatment I feel distinctly slimmer. Of found I had lost only fiv my gowns were as tight of ad my chin as richly luxuris a discouraging outlook, was a discouraging outlook, be ped again at hope, when the do de me go on. 'It will take yo a year and a half,' he said, ' id not only of the accumulate it to correct the tendency of you live system to convert four-fiftly rything you eat into loose mass

e their flesh is because the hediate rewards for their ef finding they do not become ly thinner in a month or six apse to a normal diet or grasp determined I would see the ned, first by the doctor's asthat the slow process of re-is the one and only one that injures the digestion nor wrin-skin. A very severe diet never tell on a woman, just as un-e starvation does; over-exer-tes her look hard and baggard. es her look hard and haggard. These goods mean a saving to purchasers of from continuous use of hot or cold will permanently injure the cross and smoothest skin. I've those methods tried: in fact, il some of them myself, so I in for my dally walk and my will abundant meals beside. the voice dropped to a whis-ised a reduction soap with be forgotten effects."

A French Cure. do you mean?" answered the

of the fur coat, in a hushed have you never heard of the BARGAINS in New, Up-to-Date Dress Goods.

BARGAINS in New, Up-to-Date Dress Goods.

BARGAINS in New, Up-to-Date Dress Goods.

Lot 1 consists of 44-inch all Oxford suitings, 38-in, checks and plaids and 40-inch all-wool homespuns in the brown, blue and gray mixtures. This life is and yet manages persected. shing food In order to keep her uth up, and yet manages never to ber figure run out of bounds. When ghed over her luck in escaping she said it wasn't 'uek at all, but 9 Suds, and she gave me a cake of pomade to try. Just a plain white done up in tinfoil, looking for all Newfehatal cheese.

Newfehatal cheese. glied over her luck in escapglied over mitter in escapglied over her luck in escapglied ov

In less than a week, I give you my word, I could see that the flesh was going, going, and when two months passed over my head I had a chin to be proud of, a pair of arms in perfect proportion to the rest of my body, and I hardly dare tell you how many inches I could take in my stay laces at the could take in my stav laces at the high line. I had used four cakes of po-made with not a wrinkle nor a discol-tration to snow, but a complexion as smooth as a baby's, and though I have no idea just what the ingredients of the soap are, they act nevertheless as a powerful resolvent of the jelly-like

"Give me a woman who is not the slave of the bon-bon, soda water and chicken pate habit, and be her weight what it may, I'll guarantee not only to rid and cure her of superfluous flesh, but to make her as lean and healthy as a hound in the process."

That is what the woman in the paine velvet gown said to her friend when they met while out calling the sther day.

FANNY ENDERS.

FANNY ENDERS. GERM PROOF HOSFITAL.

less One. (New York Journal.) St. Louis is to have a germ-proof hos

building, please don't. I've tried all pital, the first of its kind ever built. There will not be a crack or corner in schemes and grew fat on them, the schemes and grew fat on them, the whole building in which a germ or

the whoie building in which a germ or speck of dirt can rest.

Bacteria, microbes and the other insidiations of valuable time. Remedies for women of your waist measure, which I should guess to be about twenty-two inches, can hardly apply to me. I doubt if you ever weighed more than 135 pounds in all your life."

Two years ago, "solemnly averred the panne velvet's owner, "I tipped the beam at 179 pounds with the brightest prospect of running rapidly up to the 200 mark. I had a long line of far and ot tried with discouraging results. I was on the point of resigning every hope of preserving my girlhood's throat and waist line when my family physician guaranteed to cure me.

A Frugal Diet.

"Of course he regulated my diet. Excessive flesh is invariably the consequence of digestive irregularity, though one may not be sensible of mal-assimilation, and down on a piece of paper he set a list of foods I coulded, with an equally careful catalogue of those that were to be avoided. Sweets, cream, bakers' bread, potatoes, fired foods, grapes, peaches bananas, plums, beets, carrots, ground artichokes, oatmeal, green vegetables cooked in cream and water with meals were all absolutely prohibited. One cup of offee with milk in it, some whole wheal bread, one egg and an orange was whal he grays me for my house.

A National Leader,

A National Leader. (Philadelphia Times.)

Mr. Bryan's tour of the country, which is now nearly ended, has been the most remarkable ever made by a for furs. Knutsford.

persidential candidate, or by anybody else. Candidates have before now gone from place to place, making speeches on the way, but the extent of this tour, the range of territory covered and the number and variety of the speeches made, surpass all precedent.

But this is not what has made Mr. Bryan's tour so extraordinary. In mere physical endurance it is possible that Mr. Roosevelt has equaled him. But it is questionable how far Mr. Roosevelt has helped his cause and reasonably certain that he has made less impression toward the close of his tour than he made at the outset. Mr. Bryan, on the other hand, has grown continually from the time he started out from his home to the time that he returns to it. He has made no mistakes, has never lowered his standard; talking continuously, he has talked always to the purpose, and has kindled an enthusiasm that has increased and spread as he went along, till what seemed a hazardous experiment has resulted in a tribumphal progress.

A Letter of Thanks.

Portland, Ore., Sept. 7, 1900.

Mr. O. F. Woodward—Dear Sir:—For the past two years I have been troubled greatly with a redness of my skin and a great number of pimples on my face. I tried almost everything under the sun to rid myself of these disorders, but nothing did me any good until I got a package of Lane's Tea. I have used it for two weeks steady, and my complexion is as clear as a mirror and my skin as white as snow.

MRS. E. R. THOMAS, 272½ Oak St.

For sale by Godbe-Pitts Drug company, Salt Lake City, Utah.

Had Tried It.

(Washington Star.)

"Mike," said Plodding Pete, "are you a socialist?"

"What is your definition of a socialist?"

"Your edm Tried It.

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"You ee' dem gove dat t'inks the gover' ment orter take hold an pervide folks wit everyt ing deve e ous experiment has resulted in a tri-

ous experiment has resulted in a triumphal progress.

The leadership accorded Mr. Bryan
among those who knew him best was
manifest in his nomination, but in the
country at large, and particularly in
the east, it was accepted with hesitation. All such hesitation has disappeared under the sway of his inspiring peared under the sway of his inspiring presence and he goes back now to Nebraska an acknowledged and acclaimed leader of the people, to await in confidence their call to the highest responsibility and the greatest honor that can be accorded to any man, when bestowed by the free choice of a free people.

The Very Latest. (Philadelphia Press.)

(Philadelphia Press.)
Sunday school Teacher—God first made
the world, and all the beasts, and the
higher than the least thing the birds. Now, what was the last thing He created?
Wille Green-Why, I guess it's the brand-new baby that come to our house Friday. I ain't heard of anything later.

A Brilliant Success.

(Fliegende Blaetter.)
A.—How did your automobile journey turn out?

B.—Beautifully! Although Î ran over two pedestrians and three bicycles and knocked two wagons into a ditch, my motor was not at all injured and I arrived just on time.

> It Does. (Exchange.)

"Does hanging prevent murder?" is a juestion which agitates the society for he aboiltion of capital punishment. "Yes, it does. Cases are very rare where man commits murder after he has been

ROYAL BREAD. BREAD as Good. Better.

See Mehesy the Furrier

Had Tried It.

(Washington Star.)

"Mike," said Flodding Pete, "are you a socialist?"

"What is your definition of a socialist?"

inquired Meandering Mike, cautiously.

"It's one er dem gays dat t'inks the gover'ment orter take hold an' pervide folks wit' everyt'ing dey eats an' wears."

"Nope," was the positive answer. "I had six mont's o' gover'ment rations when I was to jail. Dere ain't enough pie in it."

The Population of Salt Lake City The Population of Salt Lake City is about 65,000, and we would say at least one-half are troubled with some affection of the Throat and Lungs, as those complaints are, according to statistics, more numerous than others. We would advise all not to neglect the opportunity to call on their druggist and get a bottle of Kemp's Balsam for the Throat and Lungs. Price, 25c. and 50c. Trial size free. For sale by Godbe-Pitts Drug company, Salt Lake City, Utah.

ROYAL Baking Powder

Absolutely Pure. Included Bridget.

(Philadelphia Press.) Mrs. Subbubs (prompting)—Amen! Now Mrs. Subbubs (productions)
go to sleep.

Little Elsie—But I'm not through yet.

Mrs. Subbubs—Yes, you are. You said
"God bless mamma and papa," and all
the rest.

Little Elsie—But I want to say, "God
bless Bridget, and make her a good gwl,
so she can stay a few days,"

Force of Habit. Elsie—Yes, dear, my husband is a doc-or, and a lovely fellow, but awfully ab-ent minded.

sent minded.

Ada—Indeed!
Elsie-Only fancy! During the marriage ceremony, when he gave me the
ring, he felt my pulse and asked me to
put out my tongue.

Ada—Well, he won't do the latter again.

\$20.00 Silk-covered Down Quilts, on sale at \$14.95. F. AUERBACH & BRO.

"Keep Your Money At Home."

BY INSURING WITH THE

YOUR

DON'T

CARRY

GENERAL AGENTS,

20 TO 26 MAIN STREET.



International Aural Clinic, Der

We sink and drive from 3 to 12-inch p.pe for placer testing, take out all of the loose material, including gold as the hole is sunk, drill water, oil, gas and mineral, test wells through any kind of rock to a depth of 2,000 feet at a reasonable price, Address Gus Westphal, 157 South First West street, Salt Lake City, Utah. P. O. Box 34. Box 34.



The New Observation Pullman parlor sleeping cars running between Ogden and Denver over the Rio Grande Western and Colorado Midland every day are just exactly like PRI-VATE CARS. Purchase your ticket via the "Midland" and see the finest scenery in Colorado.

For information and literature call at "Midland" Office. W. H. DONNELL, W. F. BAILEY. G. P. A., Denver. General Agt, Salt Lake City. *****

.. WESTERN DENTAL CO. 73 WEST SECOND SOUTH STREET... BEST SET OF TEETH \$8.00 WORK GUARANTEED FIRST CLASS.

0 CROWN AND BRIDGE WORK SPECIALTIES.

Don't

Miss Our

Sale

of

TEETH EXTRACTED POSITIVELY WITHOUT PAIN WM. BROADBENT, D. D. S., PROPRIETOR.

Don't Miss Our Sale of Black

Goods.

Children's White Silk Bonnets.

We have received another lot of those dainty White Silk Bonnets in plain and fancy. These are all samples from one of the largest New York makers. The regular selling price of these beautiful bonnets would be from \$1.00 to \$2.50 apiece. We are able to sell them 55c to \$1.00

Tremendous Black Goods

A fortunate purchase from one of the biggest New York importing houses of about 2,000 yards Choice for high grade Black, French and English Novelty Crepons, Perolas, Camel's Hair, Scotch Cheviots and a variety of other black novelties, all of them strictly of this season's correct up-to-date fabrics, enables us to place before our customers the following extraordinary values divided into four lots:

LOT 4. LOT I. LOT 2. LOT 3. all Includes all Includes Includes all Includes the above goods the above goods the above goods, valued up to valued up to valued up to \$1.75 yard, at \$2.50 yard, at \$3.00 per yard, at \$3.50 per yard, at Peau de Soie Silk Dress

\$1.40.

98c

75c to \$2.00 on each yard.

The entire lot consists of skirt and full dress lengths only. OVER 250 DISTINCT STYLES TO SELECT FROM. NO TWO ALIKE.

Colored Dress Goods. We offer FIVE EXTRAORDINARY

BARGAINS in New, Up-to-Date

Lot 4 consists of 58-inch homesp

Cheviots in Oxford mixtures, 52-inch-diagonal suiting, silk mixture novel-ties and 48-inch English Tweeds, fine all-wool fabrics all of them, values \$1.00 to \$1.25, for, per 750

Lot 5 is composed of 56-inch homespun suitings, 50-inch herring bone camel's hair, 46-inch Granite Cheviots and 44-inch sathr coverts. These are all strictly high grade, pure wool, winter weight dress goods, regularly sellin at \$1:25, for, per Q5

A Rousing Hosiery Sale

\$1.65

Women's extra heavy fleece lined, fas black ribbed tops, double heel toe, full seamless, 210

Women's fine two-thread black cash-mere stockings, full seamless, shaped foot, double heel and toe,

Children's stockings, misses' and boys wool, heavy ribbed, excellent quality of yarn, high spliced heel,

Men's heavy weight camel's hair h double sole and spliced heel, for.....

25c Men's fine cashmere hose in L. & A. COHN, 222-224 Main Street.



DRY GOODS STORE.

Short Length Nobby Jackets and London Automobile Coats.

SWELL SAMPLES OF

In All Lengths and Styles. An Opportunity of the Season!!! An Occasion Out of the Ordinary of Artistic Garments. One of New York's Foremost Manufacturers' SAMPLE LINES.

All different-some plain, some beautifully stitched, some trimmed with best quality Panne Velvet, some made with finest quality of beaver fur collars and reveres; all sizes. Regular prices from \$12.00 to \$25.00. Choice of any

\$11.95.

Beautiful French Flannel Waists.

Exclusive Styles, the new Russian Blouse Military Effects, appliqued or embroidered, pearl or gold button trimmed. Some with Bishop sleeves.

\$3.35.

Teagowns and Negligees.

In fact, Everything in Feminine Apparel for House and Street. Cashmere Matinees, all colors, Empire and Princess effects, \$4.25 Black Silk Matinees, Empire style, lace and ribbon \$5.25 trimmed All Wool Ripple Eiderdown Sacques, variety of styles and colors, \$1.19 Best Quality All Wool Ripple Eiderdown Robes, ribbon trimmed \$3.82 and silk bound, all colors, for

Skirts.

Silk Dress Skirts, new French flare, seams finished with cluster \$9.75 tucks, very handsome, for...

Boucle Cloth Capes. Heavy Cape, 30 in. long. Mer- \$4.95 cerized sateen lining, for....

Golf Capes.

Handsome Silk Waists. Latest Models for street and evening wear; also a grand clearing of Nov-elty and Fancy Waists, black and colored. A SPECIAL.

Novelties in Yokings and Garnitures.

We have recently received large varieties of newest ideas in frontings, yokings and garnitures, consisting of novelties in plain polka dots and Per-Women's fast black stockings, cotton sian Panne Velvets, Gold cleth and the very newest gold applique, also heavy Venice edges and bands, handsome Russian and Arabian Lace, bands, allovers and Bolero Jackets and a large variety of other laces At Our Well Known Low Prices,

A BIG LOT OF Flannelette Wrappers JUST RECEIVED.

Flannelette Wrappers, made ruffle bottom, braid-trimmed yoke, \$1.35 value Flannelette Wrapper, ruffle ver shoulder, collar and cuffs braid trimmed, flounce on bottom, \$1.25 Flannelette Wrappers, yoke, collar and sleeves trimmed with bands \$1.45 of velvet ribbon, \$1.75 value.

of velvet ribbon, \$1.75 value. \$1.23
Flannelette Wrappers, pointed yoke finished with sailor collar, edged with ruffles and trimmed with rows of velvet ribbon, beautiful wrapgers, \$2.25 value \$1.90
Flannelette Wrappers, heavy twilled, made with tucked black yoke, ruffle over shoulder, sleeves and collar trimmed with washable colored lace to match, \$2.95 value \$2.50

Mercerized Petticoats. Petticoats, umbrella ruffle, finished with four ruffles, black, for \$1.45

Petticoats, wide accordeon plaited ruf-fles on bottom, finished with narrow corded ruffle, in black and \$1.75 Petticoat of finest mercerized sateen,

Beautiful mercerized sateen petticoat. Nine inch knife plaited flounce cut in Van Dyke points, edged with narrow ruching. Bottom of skirt is trimmed with three narrow bias ruffles. This is one of the prettiest designed skirts of the season, black and all \$4.00

MAIL ORDERS PROMPTLY FILLED.

Imported Kid Gloves.

Ladies' imported Kid Gloves, best pique seam, all colors and sizes. This lot consists of a recent shipment of our celebrated Newport Gloves. Every pair warranted and fitted. The best Glove sold in the United \$1.00 We have just received a new importation of our celebrated Palais Royal Kid Gloves, in Glace and Suede in all the newest colors and embroideries, very best security fasteners.

all the newest colors and embroideries, very best security fasteners.
These Gloves are made of the
choicest selected skins. Every pair
warranted and fitted. For \$1.50

Majestic Kid Gloves. Largest variety
to select from. Best Kid Glove in the
known world, on sale in our Kid Glove
department.

Mill Ends.

Great Sale of Mill Ends in Our Flannel Dept.

500 yards of Pure Wool Genuine French Flannels, the kind that retails at 750 a yard, in lengths suitable for shirt waists and dressing sacques. This lot of mill ends consists of stripes and dots in cream grounds;

1,000 yards Mill Ends, White Shaker and Unbleached Canton Flannels. These run in lengths from 2 to 10 yards. These sell in the regular way for 12½c a yard, at

Short Length Table Linens and Towels.

We offer this week a very attractive lot of short lengths of table linens and towelings, consisting of bleached and cream Damask Table Linens in convenient lengths from 1½ to 3 yards. Towelings in lengths from 2½ to 6 These are all offered at a Saving of from 25 to 40 per cent

Napkins. Fine Damask Napkins, 18x18, at Fine Damask Linen Napkins, 34 size, worth \$1.75 a dozen, for.. Extra double Damask Napkins, % dinner size, worth \$2.50, for

Domestics in Mill Ends. 2,000 yards of Mill Ends Fruit of the Loom Muslins, in lengths from 5 yards to 20 yards, at..... 83C 2,500 yards of Mill Ends very superior quality of Bleached Muslin. To is known to the trade as 100x100 count Fruit of the Loom, attention to the quality, weight, and perfection of these goods. manufactured from carefully prepared selected cotton and are to be equal to any goods of like count and weight in the United States. Regular retail price of this excellent cotton is 15c yd., at. 10c Mill Ends Lonsdale Cambric in lengths from 2½ yards to 10 yards. Regular retail price 15c per yard, for

Wool Underwear Bargains.

GRAND VALUES. THE CELE-

Phyllis Tights of pure Australian \$2.89 ankle length, Perfect tights of fine Australian merino, full fashioned, ankle or kneelength, open or closed, while \$1.50 they last. they last..... Women's fine merino vests, flat weave,

natural color, regular finished seam A \$1.25 quality, Children's merino vests, pants and drawers in natural color, 50c .50c

50c sell for the same suits, open front and drop back, heavy weight, the best values shown this season. All made with finished colors.

Corsets.

New stock just placed on sale at very attractive prices. RAND VALUES. THE CELEBRATED PHYLLIS UNDERWEAR.

VIIIs Union Spits of heavy Australia WEAR.

Phyllis Union Suits of heavy Australian merino, natural color and \$3.25

Phyllis union suits, winter weight wool, perfect fitting, warm and durable, in natural and white, per \$2.50

Separte garments in same \$1.85

Phyllis, vests of pure Australian wool, heavy weight, in white and natural, unequaled values, \$2.25

Phyllis Tights of pure Australian wool, heavy Bright in white and natural, unequaled values, \$2.25

Phyllis Tights of pure Australian wool, heavy Bright in white and natural with the second price white and drab.

Phyllis Tights of pure Australian wool, heavy Bright in white and natural, unequaled values, \$2.25

Phyllis Tights of pure Australian wool, heavy Bright in white and drab.

Phyllis Tights of pure Australian wool, heavy Bright in white and drab.

Phyllis Tights of pure Australian wool, heavy Bright in white and drab.

Coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. A splendid quality coutel. Coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. A splendid quality coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. Only Ladies Coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. A splendid quality coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. A splendid grade. \$1.00

Ladies' Corsets. Splendid quality coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. A splendid grade. \$1.00

Ladies' Corsets. Splendid quality coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. A splendid grade. \$1.00

Ladies' Corsets. Splendid quality couteles. Coutele. Come in black and drab in three lengths, short, medium and; hong. Lace and embroidery trimmed. A splendid grade. \$1.00

Ladies' Corsets. Splendid quality couteles. Splendid quality couteles.

at 50c, 60c and 90c

SPECIAL SALE OF Silk Taffeta Ribbons AT LESS THAN HALF VALUE.

This beautiful and useful shipment of ribbons was secured at a great bargain, and in turn they are offered as

No. 7-Assorted 100 No. 49-Assorted